



SeatoSkySafetyNet.com

We Are On Your Side.

Sea to Sky Safety Net is an online hub of local resources and tools to help connect people to mental health and substance use support. Together, we can build resilience, eliminate stigma, and encourage people to reach out for help when they need it.

**If you need support with a mental health or substance use challenge,
We Are On Your Side.**



**MENTAL HEALTH
SUPPORT**



**SUBSTANCE USE
SUPPORT**



VICTIM SERVICES



BASIC NEEDS



CRISIS LINES



Find support resources at
SeaToSkySafetyNet.com



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Made possible by the Katz Amsterdam Foundation

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